

# Home Health Aide Apprenticeship Course

**Registered Apprenticeship Program** 

Registered Apprenticeship is a program of the United States Department of Labor that provides individuals with classroom instruction and hands-on training on the job. Apprentices are hired by an employer (also known as a "sponsor" of apprenticeship) from day one of their apprenticeship and receive wages from the employer while they learn a new occupation.

Through a \$1.2 million grant from the U.S. Department of Labor awarded to the Community College System of New Hampshire, the BTC offers this course as the classroom instruction component of a Registered Apprenticeship, which is also connected to employers in the area interested in training apprentices to become Home Health Aides.

To learn more about Registered Apprenticeship in New Hampshire, visit: www.earnlearnnh.org



Home health aides and personal care aides help people with disabilities, chronic illnesses, or cognitive impairment by assisting in their daily living activities. They often help older adults who need assistance.

Home health aides and personal care aides typically do the following:

- Assist clients in their daily personal tasks, such as bathing or dressing
- Housekeeping, such as laundry, washing dishes, and vacuuming
- Help to organize a client's schedule and plan appointments
- Arrange transportation to doctors' offices or other outings
- Shop for groceries and prepare meals to meet a client's dietary specifications
- Keep clients engaged in their social networks and communities

#### **Work Environment**

Home health aides and personal care aides work in a variety of settings, including clients' homes, group homes, and day services programs.

#### **Job Outlook**

Employment of home health aides and personal care aides is projected to grow 40 percent from 2016 to 2026, much faster than the average for all occupations. As the baby-boom population ages and the elderly population grows, the demand for the services of home health aides and personal care aides will continue to increase. The median annual wage for home health aides was \$22,600 in May 2016.

US Department of Labor, bureau of Labor Statistics

## **Program Course:**

NCHC131G Home Health Aide Apprenticeship Course









320 Corporate Drive, Portsmouth NH 03801

www.greatbay.edu/btc

For more information call (603) 427-7652 or email greatbaybtc@ccsnh.edu



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## **Course Curriculum**

### **NCHC131G Home Health Aide Apprenticeship Course**

This 144-hour course is designed as the classroom portion of the Home Health Aide Apprenticeship Program through the US Department of Labor. Through classroom instruction, students will become competent in technical skills such as:

Infection Control
Personal & Client Safety Body Mechanics
Health Maintenance Tasks
In-home Nutritional Support
Cognitive Impairment and Dementia Care
Palliative and Hospice Care
Specific Illnesses

Students will also demonstrate knowledge and practice of professional skills such as

Client Confidentiality and Bill of Rights Communication Cultural Diversity Critical Thinking Problem Solving